Instructions on how to discover and upload new papers that have used and cited the BCTTv1.

Step 1.

- To screen a paper to see if it has used BCTTv1, click on the article link and download the PDF.
- Find search (CTRL+F) "Michie" or "BCT" or "behaviour change technique" etc or check supplementary files and tables. For control studies make sure you are adding BCTs from both groups.
- Do add the paper if:
    - It's a published intervention (e.g. development paper, feasibility study, protocol etc) or systematic review paper.
    - It has used BCTTv1 to identify BCTs and not just cited it.
    - Protocol papers can be added to the database as these often specify what BCTs are used in intervention.
    - When paper uses BCTTv1 but does not list specific BCTs - these will need to be sourced for protocol papers where BCTs are specified.
    - For intervention development papers that use qualitative methods can be added.

- Do not add the paper to the interventions database if:
    - Paper has used CALOR-E taxonomy not BCTTv1
    - You have no access to the paper
    - It's a thesis

Step 2.

- If a paper meets these criteria, add details (Type of Paper, Target Behaviour, BCTs).
- Use BCTTv1 to find numbers for BCTs (e.g. 2.1, 1.4 etc) when only the label is used in paper. If article uses a different BCT label to taxonomy, exclude article.

Step 3. BCTTv1 Interventions database:

- From here, add details of paper to the database, available at: http://www.bct-taxonomy.com/interventions
- Once you are logged in at the above link, click "Add New Citation"
- Then add the paper info requested. This includes the PMID/DOI/link, Type of article (i.e. Intervention or Review), Target Behaviour, and then select each BCT that the paper has included.
- If the behaviour that your intervention targeted is not listed then select "Other".
- Double check that all entered information is correct and click submit.
- A notification will come up that your submission has been sent for approval.

IF you would like to be alerted each time a new paper citing the BCTTv1 is published, please follow these steps:

Set up a google scholar alert for the following two papers:

- Michie, S., Wood, C. E., Johnston, M., Abraham, C., Francis, J. J., & Hardeman, W. (2015). Behaviour change techniques: the development and evaluation of a taxonomic method for reporting and describing behaviour change interventions (a suite of five studies involving consensus methods, randomised controlled trials and analysis of qualitative data). *Health Technology Assessment*.
- Michie, S., Richardson, M., Johnston, M., Abraham, C., Francis, J., Hardeman, W., ... & Wood, C. E. (2013). The behavior change technique taxonomy (v1) of 93 hierarchically clustered techniques: building an international consensus for the reporting of behavior change interventions. *Annals of behavioral medicine*, *46*(1), 81-95.

- Set up a Google account or Sign in at the following link to create an alert for the above two papers: https://accounts.google.com/Login/signinchooser?hl=en&continue=https%3A%2F%2Fscholar.google.co.uk%2Fscholar_alerts%3Fview_op%3Dlist_alerts%26hl%3Den&flowName=GlifWebSignIn&flowEntry=ServiceLogin